



Knox County Health Department

140 Dameron Avenue, Knoxville, TN 37917

MEDIA ADVISORY:

KCHD to recognize local businesses prioritizing worksite wellness

WHAT: KCHD, along with the East Tennessee Wellness Roundtable, is hosting a recognition ceremony to celebrate 11 local businesses that are taking steps to support worksite wellness. Media is free to attend.

WHEN: Thursday, May 19 at 9 a.m.

WHERE: Ijams Nature Center's Visitor Center Banquet Hall
2915 Island Home Ave

BACKGROUND: This recognition is granted annually and is awarded to employers who meet a series of criteria that includes: the promotion of physical activity, nutrition, breastfeeding, mental health, as well as the prevention of substance misuse and tobacco use. Worksites can apply for equipment that support wellness initiatives, such as blood pressure monitoring cuffs, exercise equipment, and lactation room supplies.

"Wellness and productivity go hand-in-hand because a healthy employee is a productive one," said KCHD Registered Dietitian and ETWR Chair Kaela McIver. "Research has also proven again and again that wellness programs decrease health insurance costs for the employer."

The worksites that will be recognized at this ceremony are as follows:

- CASA of East Tennessee
- Compassionate Choice
- Metro Drug Coalition
- Nourish Knoxville
- Profile
- Edfinancial Services
- UT Institute for Public Service
- YWCA of Knoxville and the Tennessee Valley
- Covenant Health Systems
- Oak Ridge National Laboratory
- Oak Ridge Associated Universities

FOR MORE INFORMATION:

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