



Knox County Health Department

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KCHD's ETWR Program to Host Networking and Wellness Fair

Join community partners in sharing local resources available for employee wellness

Knoxville, Tenn.—The East Tennessee Wellness Roundtable (ETWR) is excited to announce the Networking and Wellness Fair on Wednesday, Oct. 5. This event, organized by ETWR and UT's Society for Human Resource Management, is scheduled for 8:30 – 10:30 a.m. at the UT Culinary Institute and Creamery. Those interested in employee wellness, including local businesses and students, are welcome to attend.

Attendees will be able to visit a dozen different organizations that offer free and low-cost resources related to employee wellness. Because wellness encompasses the whole person, this event will showcase resources for mental health, physical activity, disease prevention, breastfeeding, local food resources, addiction recovery and support, and more.

“The average U.S. citizen spends 90,000 hours in the workplace during their lifetime,” said Kaela McIver, nutritionist at the Knox County Health Department. “With most of the population employed, worksite wellness programs are an important component in improving population health.”

The organizations who will be at the event include:

- American Heart Association
- Bike Walk Knoxville
- Smart Trips/I BIKE KNX
- Mental Health Association of East Tennessee
- Females in Action (FiA)
- Metro Drug Coalition
- Alzheimer's Tennessee
- Tennessee Men's Health Network
- Knox County Health Department's Smoking Cessation Team
- East Tennessee Wellness Roundtable
- Nourish Knoxville
- Willis Towers Watson

About Knox County Health Department

The first health department in Tennessee to achieve national voluntary accreditation by the Public Health Accreditation Board, the Knox County Health Department (KCHD) is dedicated to ensuring the conditions in which every resident can be healthy. For more information, visit www.knoxcounty.org/health.

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